



PARALYMPICS NEW ZEALAND

STRIVING FOR PARALYMPIC SUCCESS

SPORT INFORMATION & REFERENCE GUIDE

1ST EDITION

AS AT

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*Paralympics New Zealand
PO Box 99178
Newmarket
Auckland
New Zealand
Tel. +64 9 522 4600
Fax. +64 9 522 4602
Email. info@paralympicsnz.org.nz*

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1. INTRODUCTION

This guide is the authoritative reference document for all sport related rules, policies and procedures under the auspices of Paralympics New Zealand, (herein stated as PNZ) and must be adhered to in its entirety. PNZ is the New Zealand member of the following International Sports Bodies governing sports for athletes with a disability:

- International Paralympic Committee (IPC)
- International Stoke Mandeville Wheelchair Sports Federation (ISMWSF)
- Cerebral Palsy International Sports & Recreation Association (CP-ISRA)
- International Sports Organisation for the Disabled (ISOD)
- Far East & South Pacific Games Federation (FESPIC)
- International Sports Federation for Persons with an Intellectual Disability (INAS-FID)
- International Wheelchair Basketball Federation (IWBF)

The Primary Aim of PNZ is:

‘To provide and foster sporting opportunities and competition for people with disabilities who meet International Federation minimal disability criteria’.

All additional documentation referred to in this guide (unless otherwise stated) can be obtained from or through PNZ by contacting us on:

09 522 4600 (phone) or 09 522 4602 (fax) or at www.paralympicsnz.org.nz

2. DEFINITIONS

Federation:

PNZ is the national body made up of the following Principal and Affiliate Members:

- * ParaFed Auckland
paraauckland@xtra.co.nz
- * ParaFed Canterbury
Parafed.Canterbury@xtra.co.nz
- * ParaFed Otago
wrlean@es.co.nz
- * ParaFed Hawkes Bay
opaltaylor@zfree.co.nz
- * ParaFed Southland
imatait@es.co.nz
- * ParaFed Taranaki
ann@taranaki.ac.nz
- * ParaFed Wellington
- * Athletics New Zealand
athnz@netlink.co.nz
- * Boccia Association of New Zealand
sgolly@xtra.co.nz
- * Bowls New Zealand
gary@bowlsnz.co.nz
- * Cycling New Zealand
office@cyclingsnz.org.nz
- * Disabled Snowsports New Zealand
dsnz.admin@xtra.co.nz
- * New Zealand Wheelchair Rugby
andyp@paralympicsnz.org.nz
- * New Zealand Wheelchair Tennis
Sue.Q@xtra.co.nz

- * Swimming New Zealand
sport@swimming.org.nz
- * Para Fed North Otago
- * Para Fed Waikato
trussel@perry.co.nz

Regions:

PNZ recognises five geographic regions throughout New Zealand - Auckland, Central North Island, Southern North Island, Canterbury and Otago Southland. These shall have boundaries determined by PNZ's Board.

Sport:

A Sport is a specific discipline e.g. swimming, athletics or wheelchair rugby.

Event:

An Event is a specific competition held within a sport e.g. shot put, 50m Free, Mens 100 kg (powerlifting).

3. CLASSIFICATION

- PNZ has adopted all Classification Systems from relevant international organisations for all sports competitions in New Zealand. Many of these systems cover competitors in the following disability groups: Spinal Cord Injury, Amputee, Blind, Cerebral Palsy, Intellectual or Les Autres (the others). Classification records, in accordance with the international sports bodies, will be maintained for all athletes.
- All competitors must obtain or maintain a current class authorised by the relevant Classification Panel. All competitors classes shall be recorded in a database held at PNZ's National Office. A listing of athlete's classes will be circulated to Associations.
- Classes will stand for an indefinite period unless re classification is requested by the competitor or on the direction of the relevant Classification Panel.
- All athletes with International classes shall compete under their international class except in the following circumstances:

The panel of classifiers issuing the new class is greater or equal to that of the panel that previously classified the athlete internationally.

The athlete has deteriorated to such a degree that they are disadvantaged in their international class. In this instance, the following procedure shall be followed:

1. The Head Classifier or PNZ shall inform the international sport specific governing body
 2. The Head Classifier or PNZ will then follow the international procedure of investigating a change in class.
 3. Only on the recommendation of the international sport specific governing body shall the athlete's class be changed.
 4. Until all of the above is completed the class of the athlete will remain that of their international class.
- Classification shall where possible take place prior to competition commencing, where possible. New classes shall be made public prior to the commencement of competition. In many cases classification will be ongoing during competition.
 - Team Managers shall be able to protest the class of their competitors or an opposing team's competitors. A written protest, using the sport

specific/event protest form, must be signed by the Team Manager and lodged with the Head Classifier prior to the commencement of competition or, where appropriate, immediately after an event. The competitor in question shall then be observed by the relevant Classification Panel. In the event of the Classification Panel not agreeing a majority decision shall stand. Further protest of a competitor's class cannot be made for a further twelve months.

- Unless otherwise stated international sport specific Classification Rules apply.

For further information on the classification of athletes with a disability, please refer to the Paralympics New Zealand Classification Handbook.

4. SPORTS - GENERAL

Sports recognised by the International Paralympic Committee (IPC) are as follows. The classes indicated for each sport are a guideline only. Athletes wishing to receive a national class must fulfill classification criteria in accordance with international sport specific classification systems.

	SPINAL CORD INJURY	CEREBAL PALSY	AMPUTEES/ LES AUTRES	LITTLE PEOPLE	BLIND	INASF ID*
SUMMER SPORTS						
ARCHERY	ARW1-2 ARST1-2	ARW1-2 ARST1-2	ARW1-2 ARST1-2	*	*	*
ATHLETICS: TRACK	T51-54	T31-38	T42-46	*	T11-13	T20
ATHLETICS: FIELD	T51-58	F32-38	F42-46	F40	F11-13	F20
BASKETBALL	1.0-4.5	1.0-4.5	1.0-4.5	*	*	OPEN
BOCCIA	*	BC1-BC3	*	*	*	*
CYCLING	LC1-4	DV1-4	LC1-4	*	B1-3	*
EQUESTRIAN	ER1-4	ER1-4	ER1-4	ER4	ER3-4	
WHEELCHAIR FENCING	A,B,C	A,B,C	A,B,C	*	*	*
GOAL BALL	*	*	*	*	B1-3	8
JUDO	*	*	*	*	BY WEIGHT	*
LAWN BOWLS	LB1-5	LB1-5	LB1-5	*	LB6-8	*
POWERLIFTING	BY WEIGHT	BY WEIGHT	BY WEIGHT	*	*	*
WHEELCHAIR RUGBY	0.5-3.5	0.5-3.5	0.5-3.5	*	*	*
SHOOTING	SH1-2	SH1-2	SH1-2	*	*	*
SOCCER	*	*	C1-8	*	*	*
SWIMMING	S1-10 SB1-9	S1-10 SB1-9	S1-10 SB1-9	S1-10 SB1-9	S11-13 SB11-13	S14
TABLE TENNIS	1-10	1-10	1-10	*	*	11
WHEELCHAIR TENNIS	OPEN	OPEN	OPEN	*	*	*
SAILING	1-7	1-7	1-7	*	3&7	*
WINTER SPORTS						
ALPINE SKIING	LW1-12	LW1-12	LW1-12	*	B1-3	*
X-COUNTRY SKIING	LW2-12	LW2-12	LW2-12	*	B1-3	*
ICE SLEDGE HOCKEY	OPEN	OPEN	OPEN	OPEN	*	*
ICE SLEDGE RACING	LWX-XI	LWX-XI	LWX-XI	*	*	*
WHEELCHAIR DANCE	LWD1-2	LWD1-2	LWD1-2	*	*	*

5. PERFORMANCE ENHANCING SUBSTANCES

Paralympics New Zealand's policy is that of the International Paralympic Medical and Anti-Doping Code. IPC policy is very clear in that Performance Enhancing Drugs and Substances are banned at all levels of sport. A complete list of banned substances has been published by the IPC.

The IPC policy is available from PNZ or at www.paralympic.org

PNZ has adopted the same policy and the following should be noted:

1. Policing the policy is by doping control.
2. It is the sole responsibility of athletes to request information from the NZ Sports Drug Agency on the relevant policies pertaining to banned substances and doping control.
3. Athletes must be aware of the list of banned substances which is available from NZSDA or PNZ.
4. Athletes with a disability who find that they are taking banned substances for alleviation of medical conditions must seek alternative management medications from their own physician.
5. Further information can be obtained from PNZ or the NZ Sports Drug Agency 0800 378473
6. Athletes should note that this policy is to ensure fair competition to all, and that any athlete positively tested will bring dishonour and disgrace not only to themselves, but also to PNZ and New Zealand.
7. All positive Tests will be dealt with either by the NSO responsible for that Sport or by PNZ in accordance with its policy and disciplinary procedures.
8. Athletes should note that positive tests will result in automatic suspension for periods as laid down in the rules for the international federation of that sport, eg. FINA, IAAF.

6. DISCIPLINARY POLICY

PNZ has a comprehensive disciplinary procedure to ensure a fair and transparent process in dealing with any complaints, breaches of rules or policies and positive doping infractions.

7. HARASSMENT POLICY

Paralympics New Zealand is committed to providing a harassment free environment and will deal with any complaint in accordance with the PNZ Harassment Policy and Procedures Manual.

If you believe you are being harassed you have a number of courses of action available to you.

1. Obtain and read a copy of the Harassment Policy and Procedures Manual from PNZ, PNZ's website, Harassment Complaints Officer. You may wish to seek advice from the Harassment Complaints Officer or any other person you trust and feel comfortable discussing the issue with.
2. If after reading the policy and procedures and discussing the issue with someone, you wish to take action, you have three options to consider to resolve the issue.
 1. Self Help - refer section 2.1 of the procedures manual.
 2. Informal - refer section 2.2 of the procedures manual.
 3. Formal - refer section 2.3 of the procedures manual.

8. NEW ZEALAND RECORD APPLICATIONS

Records Statistician

A Records Statistician is a person(s) appointed by PNZ to ratify and register NZ Record applications.

Records Certifier

A Records Certifier is an Official appointed by PNZ, Athletics New Zealand, Swimming New Zealand or sport specific group with the authority to verify all New Zealand Records set at a sports meeting.

Juniors

Records will be held for two junior categories - those aged under 15 as at 1 October, and those aged under 18 as at 1 October. For example, if you turn 15 on 29 September then you will compete in the U18 age group for the next 12 months. However, if you turn 15 on 2 October you will compete in the U15 age group for the next 12 months.

Masters

Records will be held for these categories. Masters, male and female, are deemed to be those competitors 40 years of age and over as at 1 October.

Application Process

Record applications can be lodged where a performance in an event is superior to an existing record, providing all rules of competition have been adhered to.

NZ Records may be set at any bona-fide competition, including able-bodied, at Association, National or International meetings, provided that the event is run in accordance with criteria laid down for the specific rules of that sport, ie. IAAF, FINA, IPC.

Record applications will be recognised for an event even when the classes or disabilities are competing combined or in an open event.

Where there is no existing record for a recognised event, an application can be lodged for recognition of a performance attained, providing all relevant rules have been adhered to.

All claims for a New Zealand record must be on the approved application form and must be completed accurately, eg. date of birth and age group completed, signed by a certified referee, timekeeper, judge etc, then forwarded to PNZ postmarked within 30 days of the completion of the competition.

Applications for NZ Records in hand timed events (swimming and track) must be signed by a Chief Time Keeper who shall be a certified time keeper of Swimming NZ or Athletics NZ.

The Sports Referee must certify that the event was held under the current competition rules and be an accredited official qualified to certify records in their specific sport (eg. Athletics NZ, Swimming NZ).

NZ records will be compiled and maintained by PNZ and the NZ Records Statistician.

A certificate of achievement will be sent either direct to the athlete or to their local association.

If, as a result of new facts being provided, it is proven that the New Zealand Records Statistician has ratified a record on false grounds, they shall have the power to overturn the ratification of the record in question and notify the athlete(s) accordingly.

An athlete must have an authorised classification and be registered on the PNZ classification database to be eligible to apply for a record.

NZ Records can be found on www.paralympicsnz.org.nz

9. PARALYMPIC SQUAD PROGRAMME

PNZ implemented the PSP in March 1999 to provide additional support and funding to athletes in their build up to the Sydney 2000 Paralympic Games. The PSP also aimed to identify and provide support to our future Paralympians through the establishment of a development squad.

Individuals in team sports were not initially included but have since been added to the Programme.

The PSP is designed to support NZ's top athletes with a disability in their pursuit of sporting excellence by:-

1. Providing coaching support and expertise.
2. Providing sport science and medicine, and, career and education advice at no cost to the athlete through the NZAOS carding system.
3. Providing funding and organisational support for international competition.

PNZ, as the National Sporting Organisation for athletes with a disability, administers the PSP for up to ten different sports. Athletes need to access the best available coaches and competition within NZ through the able-bodied NSO structure, to enable the athlete to better prepare themselves to represent NZ internationally at the highest level.

ELIGIBILITY CRITERIA

The PSP currently includes the following sports:-

Athletics	Boccia	Cycling
Equestrian	Powerlifting	Wheelchair Rugby
Sailing	Shooting	Swimming
Wheelchair Tennis		

PSP targets NZ's talented athletes in each of the above sports. In order to maximise the effectiveness of available PNZ funding, the selection criteria for inclusion in the PSP for each sport is performance-based. In general, only athletes with demonstrated performance levels and proven commitment will be eligible for selection in the PSP for their sport.

The PSP has set four levels of performance criteria. The grading is to determine the quantity of services and competition grant allowed. The guidelines for each sport, level, and classification are based on 2000 Paralympic Games results and world rankings as at January 2001. These will be updated annually in accordance with improved world standards. Some sports have alternative criteria set by sport specific groups.

The PSP qualifying standards can be found on www.paralympicsnz.org.nz

The PSP is managed by PNZ and head coaches, and athletes will be constantly monitored, with PNZ retaining the right to move or include athletes at their discretion.

Formal reviews observing performance tests or competition results for each athlete will take place bi-annually, in January and July, however, athletes can only be added to the PSP in July (unless there are exceptional circumstances).

Application forms are available from PNZ or you can download them from the web.

NZ RECORD APPLICATION

TRACK AND FIELD

CERTIFICATE OF SPORT REFEREE

_____ I CERTIFY THAT I WAS THE SPORT REFEREE APPOINTED TO THE
SPORTS MEETING HELD AT _____ AND SUBMIT THIS
APPLICATION FOR NZ RECORD APPROVAL.

_____ NAME OF COMPETITOR _____ CLASS

_____ NAME OF HOME ASSOCIATION _____ DATE OF EVENT

_____ EVENT _____ WEIGHT OF IMPLEMENT

_____ PERFORMANCE
(Rounded Time in Case of Hand timed Track Event)

MASTERS _____ SENIOR _____ U18 _____ U15 _____ DOB _____ / _____ / 200
(40 and Over)

(Please indicate which category/ies athlete is claiming record in)

ANEMOMETER READING

REQUIRED FOR UP TO 200 METRES TRACK AND LATERAL JUMPING EVENTS

FORCE AND DIRECTION OF WIND _____ METRES PER SECOND

(MAX. ALLOWANCE + 2.0 METRES PER SECOND)

TIME IS ELECTRONIC TIMING/HAND HELD (Delete One)

HAND HELD TIMES TO BE RECORDED TO THE NEXT LONGER 1/10TH SECOND

SIGNED BY

CHIEF TIMEKEEPER (FOR TRACK EVENTS) _____ DATE _____

CHIEF FIELD JUDGE (FOR FIELD EVENTS) _____ DATE _____

COUNTERSIGNED BY SPECIFIC SPORT REFEREE _____

ATHLETICS NZ GRADING _____

THE THREE TIMES OF HAND WATCHES ARE _____
(SHOW ACTUAL WATCH READING)

THE CHIEF TIMEKEEPER MUST BE A CERTIFIED TIMEKEEPER OF ATHLETICS NZ.

THE REFEREE MUST BE A QUALIFIED OFFICIAL OF ATHLETICS NZ OR APPROVED BY PNZ.

NZ RECORD APPLICATION

SWIMMING

CERTIFICATE OF JUDGES

_____ I CERTIFY THAT I WAS THE SPORT REFEREE APPOINTED TO THE
SPORTS MEETING HELD AT _____ AND SUBMIT THIS
APPLICATION FOR NZ RECORD APPROVAL.

_____ NAME OF COMPETITOR _____ CLASS
_____ NAME OF HOME ASSOCIATION _____ DATE OF EVENT
_____ EVENT
_____ PERFORMANCE

MASTERS _____ SENIOR _____ U18 _____ U15 _____ DOB _____ / _____ / 200 _____
(40 and Over)

(Please indicate which category/ies swimmer is claiming record in)

POOL LENGTH: 25 METRES (SHORT COURSE) OR 50 METRES (LONG COURSE)
(Delete as Applicable)

TIME IS ELECTRONIC TIMING/HAND TIMING (Delete One)

SIGNED BY

CHIEF TIMEKEEPER _____ DATE _____

COUNTERSIGNED BY SPECIFIC SPORT REFEREE _____ DATE _____

THE THREE TIMES OF HAND WATCHES ARE _____
(SHOW ACTUAL WATCH READING)

THE CHIEF TIMEKEEPER MUST BE A QUALIFIED & REGISTERED TIMEKEEPER OF SWIMMING NZ.

THE REFEREE MUST BE A QUALIFIED & REGISTERED REFEREE OF SWIMMING NZ

NZ RECORD APPLICATION

FOR SPORTS OTHER THAN TRACK & FIELD AND SWIMMING

CERTIFICATE OF SPORT REFEREE

_____ I CERTIFY THAT I WAS THE SPORT REFEREE APPOINTED TO THE
SPORTS MEETING HELD AT _____ AND SUBMIT THIS
APPLICATION FOR NZ RECORD APPROVAL.

_____ NAME OF COMPETITOR _____ CLASS

_____ NAME OF HOME ASSOCIATION _____ DATE OF EVENT

_____ EVENT

_____ PERFORMANCE/SCORE (KILO, TIME, POINTS)

MASTERS _____ SENIOR _____ U18 _____ U15 _____ DOB _____ / _____ / 200
(40 and Over)

WEIGHT OF IMPLEMENT _____ (POWER LIFTING BAR)

BODY WEIGHT _____
(including amputee adjustment as detailed below).

SIGNED BY

CHIEF TIMEKEEPER/SCORER _____ DATE _____

CHIEF JUDGE _____ DATE _____

COUNTERSIGNED BY SPECIFIC SPORT REFEREE _____

NOTE FOR POWER LIFTING

Actual Body Weight _____ kg

Plus 1/54 of body weight for each below ankle amputation. _____ kg

1/36 of body weight for each below knee amputation. _____ kg

1/18 of body weight for each above knee amputation. _____ kg

1/9 of body weight for each hip disarticulation. _____ kg

TOTAL BODY WEIGHT _____ kg

THE CHIEF JUDGE AND REFEREE MUST BE ACCREDITED OFFICIALS OF THEIR SPECIFIC NATIONAL SPORTS BODY

NB: PLEASE USE SEPARATE FORMS FOR FIELD, TRACK & SWIMMING.

CERTIFICATE OF SURVEYOR

(TO BE SENT TO PNZ AS PART OF THE NZ RECORD APPLICATION UNLESS A COPY HAS BEEN SUBMITTED WITHIN THREE MONTHS).

FOR TRACK EVENTS:

I HEREBY CERTIFY THAT I SURVEYED THE _____ TRACK

_____ AT _____ ON

AND CERTIFY THAT THIS TRACK MEASURED _____ IN LENGTH AND THE END LINES

WERE PERMANENTLY AND CLEARLY MARKED. I FURTHER CERTIFY THAT THE TRACK LEVELS

WERE _____ (Show Direction)

FOR FIELD EVENTS:

_____ I HEREBY CERTIFY THAT I SURVEYED THE

_____ GROUND

AT _____ ON _____ AND FOUND THAT THE LEVELS WERE

_____ (Show Direction)

SIGNED _____ DATE _____

(Registered Surveyor/Engineer)

CERTIFICATE OF COMPETENCY

This form is to be filled in and returned along with the Nationals Entry Form to enter the following events at the National Disabled Sports Championships:

- Air Pistol
- Air Rifle
- Archery
- Power Lifting Bench Press
- Yachting

COMPETITORS NAME: _____

ASSOCIATION: _____

EVENT: _____

The above competitor has had sufficient experience/training in the mentioned event to be considered competent to enter that event at the National Multi Sport Championships.

SIGNED: _____ DATE: _____
(Personal Coach/Regional Coach)
(DELETE ONE)

ADDRESS: _____

PHONE NO: (Std:) _____